

Falcon Relays - 3/20/2010

Torrey Pines HS

Results - Falcon Relays

Event 1 Girls 4x100 Meter Shuttle Hurdle Varsity

Meet Record: 1:08.99 ! 2008 Vista Murietta

Team	Relay	Finals
Section 1		
1 Rancho Bernardo	A	1:06.40!
2 Steele Canyon	A	1:08.90!
3 Torrey Pines	A	1:13.90
Section 2		
1 El Camino	A	1:10.30
2 Torrey Pines	B	1:16.90
3 Vista	A	1:20.50
Section 3		
1 San Pasqual	A	1:14.20
2 Carlsbad	A	1:14.90
Section 4		
1 Valley Center	A	1:13.90
2 Mt Carmel	A	1:16.40
3 Canyon Crest Academy	A	1:23.50

Event 2 Boys 4x110 Meter Shuttle Hurdle Varsity

Meet Record: 59.74 ! 1996 Torrey Pines

Team	Relay	Finals
Section 1		
1 Rancho Bernardo	A	1:09.78
2 Torrey Pines	A	1:11.08
3 Steele Canyon	A	1:14.10
Section 2		
1 El Camino	A	1:09.17
Section 3		
1 Mt Carmel	A	1:11.62
2 Fallbrook	A	1:13.48
3 Canyon Crest Academy	A	1:22.04

Event 3 Girls 4x800 Meter Relay Varsity

Meet Record: 9:25.47 ! 2007 Ruyton Girls School

Team	Relay	Finals
Section 1		
1 Torrey Pines	A	9:26.24
2 Vista	A	9:48.83
3 Rancho Bernardo	A	9:50.01
4 El Camino	A	10:00.63
5 Rancho Buena Vista	A	10:25.10
6 Steele Canyon	A	10:43.95
Section 2		
1 Mt Carmel	A	9:40.82
2 Westview	A	10:29.49
3 Canyon Crest Academy	A	10:39.17
4 Carlsbad	A	10:52.65
5 Fallbrook	A	11:22.64

Event 4 Boys 4x800 Meter Relay Varsity

Meet Record: 8:05.49 ! 2004 Rancho Bernardo

Team	Relay	Finals
Section 1		
1 Torrey Pines	A	8:01.27!
2 Mt Carmel	A	8:02.53!
3 Rancho Bernardo	A	8:12.63
4 Valley Center	A	8:30.21
5 Westview	A	8:33.48
6 Mt Miguel	A	8:35.64
7 Steele Canyon	A	8:41.93
8 Vista	A	8:47.75
9 La Costa Canyon	A	8:48.79
10 El Camino	A	8:49.27
10 El Camino	B	8:49.27
12 Canyon Crest Academy	A	8:57.55
13 Rancho Buena Vista	A	9:04.53
14 San Pasqual	A	9:06.90

Event 5 Girls 4x100 Meter Relay JV

Meet Record: 51.68 ! 2008 Carlsbad

Team	Relay	Finals
Section 1		
1 Rancho Bernardo	A	53.91
2 Mt Miguel	A	54.92
3 Vista	A	55.57
4 Torrey Pines	A	55.71
5 El Camino	A	57.38
Section 2		
1 Carlsbad	A	54.75
2 Valley Center	A	55.14
3 Westview	A	55.37
4 Mt Carmel	A	55.60
5 Canyon Crest Academy	A	58.88
6 El Capitan	A	1:00.17

Event 6 Boys 4x100 Meter Relay JV

Meet Record: 44.95 ! 2008 Mater Dei

Team	Relay	Finals
Section 1		
1 Rancho Bernardo	A	44.31!
2 Steele Canyon	A	45.46
3 Mt Miguel	A	45.74
4 Torrey Pines	A	46.22
5 El Camino	A	46.76
6 Vista	A	49.00
Section 2		
1 Carlsbad	A	46.13
2 San Pasqual	A	49.00
3 Valley Center	A	49.16
4 El Capitan	A	49.33
5 Canyon Crest Academy	A	50.39
6 Fallbrook	A	50.79

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Event 7 Girls 4x100 Meter Relay Varsity

Meet Record: 48.47 ! 2005 Morse

Team	Relay	Finals
Section 1		
1 El Camino	A	49.47
2 Mt Miguel	A	50.66
3 Rancho Bernardo	A	51.05
4 Rancho Buena Vista	A	51.16
5 Steele Canyon	A	51.53
6 Vista	A	51.94
7 Torrey Pines	A	51.99
8 La Costa Canyon	A	52.90

Section 2

1 Westview	A	50.13
2 San Pasqual	A	51.24
3 Carlsbad	A	52.11
4 Mt Carmel	A	52.26
5 Valley Center	A	53.08
6 El Capitan	A	53.17
7 Canyon Crest Academy	A	55.59

Event 8 Boys 4x100 Meter Relay Varsity

Meet Record: 42.79 ! 2005 Torrey Pines

Team	Relay	Finals
Section 1		
1 Rancho Bernardo	A	42.96
2 Mt Miguel	A	43.46
3 Torrey Pines	A	43.71
4 Steele Canyon	A	43.81
5 Rancho Buena Vista	A	44.28
6 El Camino	A	44.80
7 La Costa Canyon	A	45.31

Section 2

1 Mt Carmel	A	44.20
2 Fallbrook	A	44.46
3 Carlsbad	A	44.84
4 San Pasqual	A	45.10
5 Westview	A	45.15
6 Valley Center	A	45.67
7 Canyon Crest Academy	A	45.89
8 El Capitan	A	47.15

Event 9 Girls Distance Medley JV

Meet Record: 13:15.93 ! 2005 Mt. Carmel

Team	Relay	Finals
Section 1		
1 Rancho Buena Vista	A	13:10.45!
2 Mt Carmel	A	13:15.73!
3 Westview	A	13:42.52
4 Torrey Pines	A	13:45.58
5 San Pasqual	A	14:02.44
6 La Costa Canyon	A	14:09.17
7 Rancho Bernardo	A	14:15.00
8 Vista	A	14:17.67
9 Steele Canyon	A	14:33.54

10 Mt Miguel	A	14:42.59
11 Carlsbad	A	14:48.78
12 El Capitan	A	14:58.38
13 Canyon Crest Academy	A	14:59.02

Event 10 Boys Distance Medley JV

Meet Record: 11:15.00 ! 1995 Vista

Team	Relay	Finals
Section 1		
1 Torrey Pines	A	11:18.66
2 Mt Carmel	B	11:19.87
3 Rancho Buena Vista	A	11:22.27
4 Fallbrook	A	11:37.38
5 Mt Carmel	A	11:39.51
6 Westview	A	11:41.23
7 Steele Canyon	A	11:43.35
8 Carlsbad	A	11:47.78
9 La Costa Canyon	A	11:52.96
10 El Camino	A	11:55.45
11 Rancho Bernardo	A	11:55.88
12 Valley Center	A	11:57.08
13 Torrey Pines	B	11:57.36
14 San Pasqual	A	12:20.67
15 Canyon Crest Academy	A	12:21.93
16 Mt Miguel	A	12:26.50
17 El Capitan	A	12:27.35
18 Vista	A	12:29.97

Event 11 Girls 1500 Meter Run Varsity

Meet Record: 4:38.18 ! 2008 Erin Gillingham

Name	School	Finals
Section 1		
1 Yang, Julia	Westview	4:51.68
2 Lawson, Kelly	La Costa Can	4:54.11
3 Hudson, Kaylee	Valley Cente	4:56.81
4 Kuzminsky, Charlotte	Canyon Crest	4:57.93
5 Nocon, Madison	Steele Canyo	4:59.18
6 Mulkey, Amanda	Fallbrook	4:59.95
7 Hall, Hilary	Westview	5:02.46
8 Harbison, Kaelyn	Westview	5:02.85
9 Hiraoka, Rachel	Torrey Pines	5:07.65
10 Bullard, Erin	El Camino	5:11.94
11 Steigerwald, Janell	La Costa Can	5:13.13
12 LeRoux, Melissa	Rancho Berna	5:13.54
13 Pascarella, Arianna	Steele Canyo	5:15.11
14 Waage, Lauren	Torrey Pines	5:17.89
15 Gonzalez, Mary Carman	Mt Carmel	5:22.23
16 Eddy, Lindsey	Rancho Berna	5:22.80

Event 12 Boys 1500 Meter Run Varsity

Meet Record: 4:03.16 ! 2008 Bret Hasvold

Name	School	Finals
Section 1		
1 Goodger, Mike	Carlsbad	4:07.36
2 Richardson, Andrew	Carlsbad	4:11.51
3 Rodriguez, Ismael	Valley Cente	4:12.13

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Section 1 ... (Event 12 Boys 1500 Meter Run Varsity)

Name	School	Finals
4 West, William	Rancho Buena	4:13.80
5 Kloha, Mike	Westview	4:14.14
6 Froboese, Michael	Fallbrook	4:16.76
7 Webster, Alec	Torrey Pines	4:17.50
8 Rampoldi, Ryan	Rancho Berna	4:18.53
9 Cerenzie, Mitchell	Westview	4:19.33
10 Rivera, Enrique	Fallbrook	4:19.45
11 Robinson, Taylor	Steele Canyo	4:20.23
12 Latifi, Brandon	Mt Carmel	4:21.43
13 Jafek, Alex	Torrey Pines	4:22.95
14 Roy, Max	La Costa Can	4:24.49
15 Linder, Travis	Rancho Berna	4:25.29
16 Johnson, Matthew	Mt Carmel	4:26.44
17 Maher, Steve	Vista	4:30.04

Event 13 Girls 100 Meter Hurdles Varsity

Meet Record:	15.28 ! 2008	Rachel Machin
Name	School	Finals
Section 1		
1 Barnum, Melissa	Rancho Berna	15.01!
2 Knight, Tia	Steele Canyo	15.70
3 Rosario, Amber	El Camino	15.83
4 Gossmeier, Kimberly	Steele Canyo	16.05
5 Wahl, Madeline	Rancho Berna	16.07
6 Wahl, Charlotte	Rancho Berna	16.14
Section 2		
1 Reilly, Regan	Valley Cente	16.47
2 Smith Jarvis, Nayomie	Rancho Buena	16.77
3 Hendel, Christie	Steele Canyo	17.07
4 Holemene, Savanna	Valley Cente	17.19
5 Chapman, Rayne	Carlsbad	17.38
6 Willis, Yasmine	El Camino	17.41
7 Oetting, Emily	Carlsbad	18.28

Event 14 Boys 110 Meter Hurdles Varsity

Meet Record:	14.83 ! 2004	Mike Maiteijan
Name	School	Finals
Section 1		
1 Hickey, Devin	Vista	14.56!
2 Todd-Borden, Julien	La Costa Can	14.91
3 Cranor, Kevin	Westview	15.57
4 Lemus, Gabe	Rancho Berna	15.93
5 Allen, Alex	Mt Carmel	16.10
6 Saunders, Devin	Rancho Berna	16.95
7 Stasiuk, Justin	El Camino	17.02
Section 2		
1 Gossmeier, Ben	Steele Canyo	16.72
2 McCracken, Devon	Mt Carmel	16.82
3 Staubus, Wes	Torrey Pines	16.92
4 Voss, Matthew	Canyon Crest	16.96
5 Day, Matt	Fallbrook	17.84

Event 15 Girls 400 Meter Dash Varsity

Meet Record:	58.46 ! 2004	Jasmine Churkweke
Name	School	Finals
Section 1		
1 Gibas, Brianna	Carlsbad	1:00.32
2 Floyd, Vanessa	Vista	1:00.74
3 Belk, Kaylie	Carlsbad	1:02.20
4 Pacelli, Claire	Torrey Pines	1:02.26
5 Lyons, Charity	Mt Miguel	1:02.88
6 Littleton, Bianca	Vista	1:03.51
Section 2		
1 Fisher, Miranda	El Capitan	1:02.40
2 Rothert, Briana	Fallbrook	1:02.79
3 Vogt, Natalie	Rancho Buena	1:03.40
4 Cavendish, Abby	Westview	1:04.31

Event 16 Boys 400 Meter Dash Varsity

Meet Record:	48.95 ! 2009	Ryan Keegan
Name	School	Finals
Section 1		
1 Perlin, Alex	Steele Canyo	51.33
2 Cisneros, Joe	Steele Canyo	51.52
3 Sumpter, Caleb	Fallbrook	52.32
4 Floyd, Jason	Carlsbad	52.41
5 Jiang, Alex	Torrey Pines	52.45
6 Simpson, Cody	Steele Canyo	53.42
Section 2		
1 Brown, Gary	El Camino	52.00
2 Maldonado, Pedro	Valley Cente	53.17
3 Ramirez, Nestor	El Capitan	53.38
4 Chapman, Robert	La Costa Can	54.30
5 Lopez, Aaron	Fallbrook	56.67

Event 17 Girls 100 Meter Dash Varsity

Meet Record:	12.18 ! 2008	Tenille Stoudimire
Name	School	Finals
Section 1		
1 Gibbs, Jasmine	El Camino	12.13!
2 Ross, Kortney	Westview	12.33
3 Ellis, Brianna	Torrey Pines	12.60
4 Rehm, Morgan	San Pasqual	12.75
5 Scott, Mishe	El Camino	12.94
6 Green, Anquiette	Mt Miguel	13.20
7 Barvinchak, Amanda	Rancho Berna	13.39
Section 2		
1 Calivoso, Queenie	Vista	13.09
2 Thomas, Kazjeah	Mt Miguel	13.26
2 Santos, Amilia	Steele Canyo	13.26
4 Bourland, Rachel	Westview	13.42
5 Dow, Audrey	Westview	13.48
6 Zalud, Sarah	La Costa Can	13.86
7 Chong, Emma	Carlsbad	14.09

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Event 18 Boys 100 Meter Dash Varsity

Meet Record: 10.91 ! 2008 Nick Mixon

Name	School	Finals
Section 1		
1 Pickering, Jared	Rancho Berna	10.89!
2 El-Sabawi, Bassim	Torrey Pines	11.00
3 Freeman, Justin	Carlsbad	11.25
4 James, Kenneth	Mt Carmel	11.46
5 Backus, Shea	La Costa Can	11.65

Section 2

1 Kuchinsky, Jacob	Rancho Buena	11.45
2 Young, Julian	Rancho Berna	11.51
3 Averbuj, Dan	Torrey Pines	11.64
4 Pham, Nguyen	Westview	11.67
5 Blade, Michael	Vista	11.69
6 Lopez, Victor	Fallbrook	11.92
7 McLin, Davonte	Vista	12.08
8 McInnis, Dominique	Carlsbad	12.21

Event 19 Girls 800 Meter Run Varsity

Meet Record: 2:16.92 ! 2005 Kelley McCann

Name	School	Finals
Section 1		
1 Belk, Kaylie	Carlsbad	2:20.89
2 Mulkey, Amanda	Fallbrook	2:21.54
3 Van, Monique	Steele Canyon	2:21.87
4 Martins-Boyte, Nicole	Westview	2:23.81
5 Weber, Amanda	Westview	2:25.24
6 Seacat, Sara	Torrey Pines	2:27.67
7 Rodriguez, Adriana	El Camino	2:28.99
8 Graber, Sara	Rancho Berna	2:29.55
9 Stintzman, Amanda	Mt Carmel	2:30.72

Event 20 Boys 800 Meter Run Varsity

Meet Record: 1:53.94 ! 2008 Mac Fleet

Name	School	Finals
Section 1		
1 Jones, Justin	Fallbrook	2:02.82
2 Schubert, Kevin	Rancho Berna	2:03.92
3 Baker, Brian	Rancho Buena	2:04.11
4 Bullock, Doug	Carlsbad	2:04.29
5 Villagomez, Ramon	Fallbrook	2:04.34
6 Adams, Kevin	Rancho Buena	2:04.50
7 Gomez, Daniell	El Capitan	2:05.49
8 Mangoba, AJ	Vista	2:05.57
9 Whittaker, Charles	Westview	2:06.34
10 Hakamian, Khashy	Canyon Crest	2:08.26
11 Twardochleb, Michael	Steele Canyon	2:10.25
12 Brock, Kevin	Westview	2:11.01
13 Throop, Jason	Valley Cente	2:16.64

Event 21 Girls 300 Meter Hurdles Varsity

Meet Record: 45.53 ! 2008 Cory Franklin

Name	School	Finals
Section 1		
1 Smith, Tamika	El Camino	46.78
2 Rosario, Amber	El Camino	48.17
3 Wahl, Charlotte	Rancho Berna	48.70
4 Gossmeier, Kimberly	Steele Canyon	49.98
5 Loundu, Janet	Mt Carmel	50.93
6 Beam, Brittney	Steele Canyon	51.71
7 Marzouq, Sana	Rancho Berna	52.32
8 Mangoba, Jamee	Vista	54.37

Section 2

1 Reilly, Regan	Valley Cente	50.25
2 Chapman, Rayne	Carlsbad	50.41
3 Borrás, Darian	El Capitan	50.71
4 Contreras, Holly	Fallbrook	52.26
5 Yong, Michelle	Westview	52.65
6 Stein, Shayna	Torrey Pines	53.67
7 Harrell, Jazmin	Mt Miguel	56.13

Event 22 Boys 300 Meter Hurdles Varsity

Meet Record: 39.54 ! 1996 Jake Kuritz

Name	School	Finals
Section 1		
1 Hickey, Devin	Vista	39.64
2 Todd-Borden, Julien	La Costa Can	40.38
3 Lemus, Gabe	Rancho Berna	40.54
4 Allen, Alex	Mt Carmel	41.15
5 Cranor, Kevin	Westview	41.78
6 Darlin, Spencer	La Costa Can	41.84
7 Thomas, Daniell	El Capitan	42.72

Section 2

1 Stasiuk, Justin	El Camino	43.47
2 Last, David	Valley Cente	43.76
3 Bunts, Tommy	Fallbrook	43.94
4 Saunders, Devin	Rancho Berna	44.49
5 Staubus, Wes	Torrey Pines	44.66
6 Williams, Brandon	Torrey Pines	46.89
7 Day, Matt	Fallbrook	47.37

Event 23 Girls 800 Sprint Medley JV

Meet Record: 1:56.74 ! 2001 Morse

Team	Relay	Finals
Section 1		
1 Mt Miguel	A	1:48.59!
2 Vista	A	1:49.79!
3 Torrey Pines	A	1:50.58!
4 El Camino	A	1:50.65!
5 Steele Canyon	A	1:53.21!
6 La Costa Canyon	A	1:54.08!
7 Rancho Buena Vista	A	1:56.05!
Section 2		
1 Mt Carmel	A	1:52.03!

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Section 2 ... (Event 23 Girls 800 Sprint Medley JV)

Team	Relay	Finals
2 Valley Center	A	1:53.20!
3 El Capitan	A	1:53.44!
4 San Pasqual	A	1:53.79!
5 Carlsbad	A	1:55.77!
6 Canyon Crest Academy	A	1:59.66

Event 24 Boys 800 Sprint Medley JV

Meet Record: 1:39.07 ! 2008 Mater Dei

Team	Relay	Finals
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Section 1

1 Steele Canyon	A	1:40.02
2 Torrey Pines	A	1:41.20
3 Mt Miguel	A	1:43.53
4 El Camino	A	1:47.08
5 Vista	A	1:52.53
6 Rancho Buena Vista	A	1:54.61

Section 2

1 Westview	A	1:43.00
2 Mt Carmel	A	1:46.53
3 Valley Center	A	1:46.74
4 Canyon Crest Academy	A	1:48.43
5 Carlsbad	A	1:48.46
6 El Capitan	A	1:48.80

Event 25 Girls 4x200 Meter Relay Varsity

Meet Record: 1:48.32 ! 2005 Torrey Pines

Team	Relay	Finals
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Section 1

1 Mt Miguel	A	1:48.59
2 Vista	A	1:49.79
3 El Camino	A	1:50.65
4 Torrey Pines	A	1:51.58
5 Steele Canyon	A	1:53.21
6 La Costa Canyon	A	1:54.08
7 Rancho Buena Vista	A	1:56.05

Section 2

1 Mt Carmel	A	1:52.03
2 Valley Center	A	1:53.20
3 El Capitan	A	1:53.44
4 San Pasqual	A	1:53.79
5 Carlsbad	A	1:55.77
6 Canyon Crest Academy	A	1:59.66

Event 26 Boys 4x200 Meter Relay Varsity

Meet Record: 1:29.58 ! 2005 Torrey Pines

Team	Relay	Finals
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Section 1

1 Rancho Bernardo	A	1:30.81
2 Mt Miguel	A	1:31.70
3 Torrey Pines	A	1:33.41
4 El Camino	A	1:33.55
5 Rancho Buena Vista	A	1:34.71
6 Vista	A	1:38.24

Section 2

1 Fallbrook	A	1:33.55
2 Carlsbad	A	1:34.23
3 Mt Carmel	A	1:34.65
4 Valley Center	A	1:36.22
5 Westview	A	1:36.90
6 San Pasqual	A	1:37.38
7 El Capitan	A	1:38.90
8 Canyon Crest Academy	A	1:38.94

Event 27 Girls Distance Medley Varsity

Meet Record: 12:13.26 ! 2004 San Pasqual

Team	Relay	Finals
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Section 1

1 Torrey Pines	A	12:11.00!
2 Rancho Buena Vista	A	12:20.40
3 Vista	A	13:01.44
4 Westview	A	13:06.63
5 Rancho Bernardo	A	13:10.84
6 Steele Canyon	A	13:34.34
7 El Camino	A	13:38.77
8 Vista	B	13:40.81
9 Canyon Crest Academy	A	13:46.04
10 Mt Carmel	A	13:48.66
11 Carlsbad	A	14:10.47
12 Fallbrook	A	14:40.68

Event 28 Boys Distance Medley Varsity

Meet Record: 10:20.89 ! 2009 Rancho Buena Vista

Team	Relay	Finals
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Section 1

1 Rancho Buena Vista	A	10:22.81
2 Torrey Pines	A	10:40.76
3 Carlsbad	A	10:53.12
4 Rancho Bernardo	A	10:54.84
5 Mt Miguel	A	11:04.82
6 Fallbrook	A	11:05.24
7 Torrey Pines	B	11:14.69
8 Westview	A	11:15.25
9 Steele Canyon	A	11:18.39
10 Mt Carmel	A	11:21.26
11 El Capitan	A	11:30.27
12 Canyon Crest Academy	A	11:32.48
13 El Camino	A	11:35.86
14 Vista	A	11:38.94
15 Valley Center	A	11:56.03

Event 29 Girls 4x400 Meter Relay Varsity

Meet Record: 4:04.83 ! 2004 La Costa Canyon

Team	Relay	Finals
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Section 1

1 Steele Canyon	A	4:15.00
2 La Costa Canyon	A	4:19.77
3 Mt Miguel	A	4:20.46
4 Rancho Buena Vista	A	4:23.76
5 El Camino	A	4:32.08

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Section 2 ... (Event 29 Girls 4x400 Meter Relay Varsity)

Team	Relay	Finals
Section 2		
1 Mt Carmel	A	4:09.81
2 Carlsbad	A	4:10.24
3 El Capitan	A	4:15.31
4 Westview	A	4:20.29
5 Valley Center	A	4:23.78
6 Fallbrook	A	4:27.94
7 Canyon Crest Academy	A	4:35.27

Event 30 Boys 4x400 Meter Relay Varsity

Meet Record: 3:26.48 ! 2007 Rancho Bernardo

Team	Relay	Finals
Section 1		
1 Mt Miguel	A	3:25.10!
2 Steele Canyon	A	3:26.72
3 El Camino	A	3:31.63
4 Rancho Bernardo	A	3:32.06
5 Rancho Buena Vista	A	3:35.44

Section 2

1 Mt Carmel	A	3:30.66
2 Fallbrook	A	3:34.64
3 El Capitan	A	3:39.41
4 San Pasqual	A	3:39.64
5 Valley Center	A	3:46.00
6 Canyon Crest Academy	A	3:48.18

Event 31 Girls Pole Vault Varsity

Meet Record: 12-04 ! 2008 Emily Matoon

Name	School	Finals
Flight 1		
1 Ross, Kortney	Westview	12-06.00!
2 Spann, Nicolle	Rancho Berna	10-00.00
3 Freund, Meghan	Rancho Berna	9-06.00
4 Erickson, Amanda	Vista	J9-06.00
5 Hatfield, Heather	Westview	9-00.00
6 Hensle, Michelle	El Capitan	8-06.00
7 Little, Kyle	Fallbrook	J8-06.00
8 Webb, Alex	La Costa Can	J8-06.00
9 Nielson, Haleigh	Mt Carmel	8-00.00
10 Jones, Emily	Torrey Pines	7-06.00
11 Cary, Emily	El Capitan	7-00.00
12 Wu, Olivia	Mt Carmel	J7-00.00
13 Negrete, Mechelle	Steele Canyo	J7-00.00

Event 32 Boys Pole Vault Varsity

Meet Record: 15-09 ! 2004 Matt Steverson

Name	School	Finals
Flight 1		
1 Fox, Justin	La Costa Can	J14-00.00
1 Hsin, Ryan	Mt Carmel	J14-00.00
1 Spencer, Daniel	Carlsbad	14-00.00
1 Fox, Dillon	La Costa Can	J14-00.00
5 Logan, Zack	Rancho Berna	J13-06.00
5 Mathison, Max	Vista	13-06.00

7 Rogers, Rex	Rancho Berna	12-06.00
7 Kriesmer, Zack	Canyon Crest	J12-06.00
7 Duvinage, Simon	Canyon Crest	J12-06.00
10 Nguyen, Thomas	Westview	J12-00.00
10 Weiss, Brian	El Camino	J12-00.00
10 Esqueda, Ryan	Vista	12-00.00
10 Kelly, Keith	El Capitan	J12-00.00
10 Baer, Max	Mt Carmel	J12-00.00
10 Merritt, Zack	Rancho Berna	J12-00.00
10 Griffen, Anthony	Steele Canyo	J12-00.00
17 Curran, Joe	Fallbrook	J11-06.00
17 Boeddeker, Ryan	Steele Canyo	11-06.00
19 Jordan, James	El Camino	J11-00.00
19 Sanford, Chasen	Torrey Pines	11-00.00

Event 33 Girls High Jump Varsity

Meet Record: 5-10 ! 2005 Jaime Klages

Name	School	Finals
Flight 1		
1 Wittak, Nicole	Westview	5-02.00
2 Douglas, Faith	San Pasqual	5-00.00
3 Bylund, Audra	Torrey Pines	4-10.00
4 Faremouth, Jessica	Rancho Berna	4-10.00
5 Wildenthaler, Julia	Torrey Pines	4-10.00
6 Bryan, Danielle	El Camino	4-08.00
Flight 2		
1 Tatarnikova, Dasha	La Costa Can	4-08.00
2 Johnson, Hannah	Steele Canyo	4-06.00
3 Willoughby, Samantha	Steele Canyo	4-06.00
4 Liechty, Hannah	El Camino	4-06.00
5 Vasquez, Chanel	Rancho Berna	4-06.00
6 Padgett, Shannon	Valley Cente	4-04.00
6 Medina, Alyssa	El Capitan	4-04.00
6 Contreras, Holly	Fallbrook	4-04.00
6 Belina, Katie	Vista	4-04.00
10 Anderson, Alyxe	Canyon Crest	4-02.00
10 Keith, Kendra	Carlsbad	4-02.00

Event 34 Boys High Jump Varsity

Meet Record: 6-06.50 ! 2005 Adam Mums

Name	School	Finals
Flight 2		
1 Morgan, Natone	Mt Miguel	5-10.00
1 Mollack, Frederick	Mt Miguel	5-10.00
3 Fleming, Kyle	Canyon Crest	5-08.00
4 Leighton, Zach	Mt Carmel	5-06.00
5 Kirchofer, Dylan	Steele Canyo	5-04.00
5 Schwerer, Christian	Mt Carmel	5-04.00
5 Perrault, Jason	Carlsbad	5-04.00
8 Wells, Cody	Steele Canyo	5-02.00

Event 35 Girls Long Jump Varsity

Meet Record: 18-05 ! 2005 Kasey Kearin

Name	School	Finals
Flight 1		
1 Lyons, Charity	Mt Miguel	17-07.50

Falcon Relays - 3/20/2010**Torrey Pines HS****Results - Falcon Relays****Flight 1 ... (Event 35 Girls Long Jump Varsity)**

Name	School	Finals
2 Gibbs, Jasmine	El Camino	17-04.50
3 Smith, Tamika	El Camino	16-04.75
4 Van, Monique	Steele Canyo	15-11.50
5 Negrete, Mechelle	Steele Canyo	15-06.00
6 Gathright, Sydney	Vista	15-04.25
7 Hatcher, Ashley	Vista	15-03.75
8 Stathas, Danielle	Steele Canyo	15-02.25
9 Ellison, Lauren	Rancho Berna	15-01.00
10 Summerhays, Ashley	Torrey Pines	14-03.00
11 Bulgarelli, Jessica	Torrey Pines	14-02.50
12 Chappell, Kelly	El Camino	13-07.00
13 Hardy, Laramie	Vista	12-11.00

Flight 2

1 Wilson, Hannah	Fallbrook	16-02.75
2 Balk, Cassu	Carlsbad	15-11.50
3 Reilly, Sidney	Valley Cente	15-06.00
4 Valdery, Lindsey	Mt Carmel	15-02.00
5 Bavin, Helen	Westview	15-01.00
6 Crawford, Veronica	San Pasqual	14-09.00
7 Wang, Yisha	Mt Carmel	14-02.00
8 Keith, Kendra	Carlsbad	14-01.75
9 Magallon, Sandra	Valley Cente	13-08.50
10 Tidd, Samantha	Fallbrook	12-10.00
11 Diaz, Andrea	Valley Cente	12-06.75

Event 36 Boys Long Jump Varsity

Meet Record: 23-05 ! 2003 Demetrus Westbrook

Name	School	Finals
Flight 1		
1 Marquis, Joey	La Costa Can	21-11.50
2 Young, Julian	Rancho Berna	21-05.50
3 Hall, Robert	Mt Miguel	20-11.50
4 Finney, Xavier	El Camino	20-08.00
5 McKee, AJ	Vista	20-05.50
6 Rice, Alex	Vista	20-04.50
7 Brown, Gary	El Camino	20-02.00
8 Vail, Parker	Torrey Pines	19-10.50
9 McClain, James	Vista	19-04.00
10 Morgan, Natone	Mt Miguel	19-03.50
11 Wells, Cody	Steele Canyo	18-11.50
12 Moore, Aaron	Torrey Pines	18-10.00
13 Averbuj, Dan	Torrey Pines	18-08.50
13 McGrew, Jeffrey	Rancho Buena	18-08.50
15 Green, Danny	Steele Canyo	18-07.75
16 Arizmendi, Patrick	Mt Miguel	17-11.50
17 Jackson, Andre	Rancho Buena	17-08.00

Flight 2

1 Barton, Cory	San Pasqual	19-10.50
2 Sakurai, Rio	Canyon Crest	19-04.75
3 Harwood, Andy	Fallbrook	19-03.50
4 Masten, Lee	Fallbrook	18-11.00
5 James, Kenneth	Mt Carmel	18-07.50
6 Macfarlane, Ian	Valley Cente	18-04.00

7 Koishor, Jeff	Valley Cente	17-10.75
8 Dominguez, Matty	San Pasqual	17-10.00
9 Perrault, Jason	Carlsbad	17-07.50
10 Arcamo, Jake	El Capitan	17-03.50
11 Rochelle, Matthew	Mt Carmel	17-03.00
12 Maguire, Mike	Valley Cente	16-06.50
13 Perlman, David	Canyon Crest	16-00.50

Event 37 Girls Triple Jump Varsity

Meet Record: 38-03 ! 2004 Heather Leidle

Name	School	Finals
Flight 1		
1 Smith, Tamika	El Camino	34-10.25
2 Stevens, Jasmine	Steele Canyo	34-06.25
3 Ellison, Lauren	Rancho Berna	34-01.25
4 Gathright, Sydney	Vista	33-06.00
5 Hatcher, Ashley	Vista	33-03.00
6 Wildenthaler, Julia	Torrey Pines	33-02.50
7 Howe, Lauren	Torrey Pines	31-07.50
8 Harris, Emani	El Camino	31-06.00
9 Peck, Lindsey	La Costa Can	31-05.50
10 Hardy, Laramie	Vista	31-01.50
11 Stathas, Danielle	Steele Canyo	30-09.50
12 Damon, Samantha	Rancho Buena	29-09.25
13 Bryan, Danielle	El Camino	29-01.25
14 Diaz, Karla	Steele Canyo	28-05.00
15 Lux, McKenna	Rancho Buena	27-06.50

Flight 2

1 Chavez, Valencia	El Capitan	33-02.75
2 Wang, Yisha	Mt Carmel	32-02.25
3 Wilson, Hannah	Fallbrook	31-09.75
4 Crawford, Veronica	San Pasqual	30-04.75
5 Reilly, Sidney	Valley Cente	30-04.00
6 Gilster, Lauren	Valley Cente	29-03.75
7 Thompson, Katie	Mt Carmel	28-05.50
8 Rothert, Briana	Fallbrook	28-01.50
9 Tenchavez, Julia	Valley Cente	26-03.00

Event 38 Boys Triple Jump Varsity

Meet Record: 47-09 ! 1997 Rivas

Name	School	Finals
Flight 1		
1 Marquis, Joey	La Costa Can	43-03.00
2 Clanton, Thomas	Steele Canyo	41-05.00
3 Morgan, Natone	Mt Miguel	41-01.50
4 Karson, Damon	La Costa Can	40-06.00
5 Green, Danny	Steele Canyo	40-05.50
6 McKee, AJ	Vista	39-05.00
7 Finney, Xavier	El Camino	39-04.50
8 Mollack, Frederick	Mt Miguel	39-00.00
9 Martinez, Victor	Steele Canyo	38-05.00
10 Garcia, Bernardo	Rancho Buena	38-01.00
11 Jackson, Andre	Rancho Buena	37-10.25
12 Nishikida, Dean	Torrey Pines	36-11.00
13 Wang, Oliver	Torrey Pines	36-04.00

Falcon Relays - 3/20/2010

Torrey Pines HS

Results - Falcon Relays

Flight 2 ... (Event 38 Boys Triple Jump Varsity)

Name	School	Finals
Flight 2		
1 Barton, Cory	San Pasqual	41-01.00
2 Harwood, Andy	Fallbrook	40-09.50
3 Lee, Masten	Fallbrook	40-06.00
4 Anastasia, Anthony	San Pasqual	39-06.50
5 Bernal, Chris	Fallbrook	38-03.00
6 Macfarlane, Ian	Valley Cente	37-10.50
7 Koishor, Jeff	Valley Cente	37-00.75
8 Perrault, Jason	Carlsbad	36-05.00
9 Schwerer, Christian	Mt Carmel	36-04.50
10 Aris, Rami	Mt Carmel	35-07.50
10 Hartinger, Ben	San Pasqual	35-07.50
12 Maguire, Mike	Valley Cente	33-09.50
13 Naquin, Nick	Mt Carmel	33-03.75
14 Clark, Michael	Canyon Crest	32-05.00
15 Haitin, Aaron	Canyon Crest	31-00.25

Event 39 Girls Discus Throw Varsity

Meet Record: 140-08 ! 2004 Whitney DeWeese

Name	School	Finals
Flight 1		
1 Vernon, Samantha	Steele Canyo	111-03
2 Daniels, Jakayla	El Camino	95-02
3 Pele, Anastasia	El Camino	92-02
4 Ducat, Mercedes	Rancho Buena	91-11
5 Rodrigues, Jackie	Vista	88-10
6 Lee, Brittany	Vista	87-08
7 Robinson, Macaria	Rancho Buena	87-05
8 Banks, LaShawwna	El Camino	86-09
9 Ducat, Porscha	Rancho Buena	78-10
10 Harris, Tashiya	Mt Miguel	73-00.50
11 Buyuktimikin, Arda	Torrey Pines	64-11
12 White, Allison	Steele Canyo	62-00
13 Torres, Kristen	Mt Miguel	53-10
14 Bartholomew, Emily	Torrey Pines	53-01
15 Harrell, Jazmin	Mt Miguel	52-07

Flight 2

1 Anyanwu, Nneka	Westview	119-10
2 Fredenburg, Whitney	Valley Cente	108-02.50
3 Liberto, Jennifer	San Pasqual	98-02
4 Doss, Deanna	Fallbrook	94-03
5 Sudak, Jennifer	Valley Cente	93-01.50
6 Gilster, Lauren	Valley Cente	86-04.50
7 Jemison, Breana	Carlsbad	82-10.50
8 Martinez, Sheena	El Capitan	81-06
9 Liberto, Juliane	San Pasqual	80-11
10 Fricke, Lauren	Mt Carmel	80-07.50
11 Gomez, Galen	Fallbrook	80-03
12 Corrado, Catherine	El Capitan	77-03.75
13 Cottrel, Kathia	Mt Carmel	68-07.50
14 Scheel, Melissa	El Capitan	65-01
15 Skerritt, Lauren	Canyon Crest	63-03
16 Walker, Caitlyn	Mt Carmel	61-00

17 McGuigan, Michaela	Canyon Crest	48-07
18 Corona, Isabel	Canyon Crest	32-11

Event 40 Boys Discus Throw Varsity

Meet Record: 187-07 ! 2006 Darius Savage

Name	School	Finals
Flight 1		
1 Zuniga, Alex	Torrey Pines	142-05
2 Boozel, Sean	Steele Canyo	141-02
3 Carrillo, David	Mt Miguel	130-04
4 Busby, Blake	Steele Canyo	126-02
5 Barton, Garrett	Rancho Berna	125-10
6 Gonzalez, Lucio	Rancho Buena	120-07
7 Chaaban, Sammy	El Camino	119-11
8 Rodriguez, Robbie	Torrey Pines	114-02
9 Mainquist, Scott	Torrey Pines	114-01.50
10 Vanderzel, Zack	Vista	108-09
11 Cisneros, Gilbert	Steele Canyo	105-00
12 Lang, Nathan	Mt Miguel	88-00
13 Newman, Jamal	El Camino	83-03
14 Vailancourt, John	El Camino	81-06
15 Hodgkins, Brad	La Costa Can	79-05

Flight 2

1 Gaston, Andrew	Mt Carmel	137-10
2 Johnson, Willie	Mt Carmel	128-05
3 Smith, Jalen	Mt Carmel	124-03
4 Gilbert, Kevin	Westview	116-09
5 Cachero, Ralph	Fallbrook	116-02
6 Martin, Carl	El Capitan	113-02
7 Waddell, Eli	Canyon Crest	112-00
8 Gonzalez, Leonardo	Valley Cente	91-03
9 Gaoa, Neiko	El Capitan	82-08
10 Lanoiselee, Michael	Canyon Crest	77-06
11 Robbins, Ryan	Canyon Crest	60-04

Event 41 Girls Shot Put Varsity

Meet Record: 40-08 ! 2004 Uia Tupola

Name	School	Finals
Flight 1		
1 Bingham, Jennifer	Steele Canyo	40-04.00
2 Daniels, Jakayla	El Camino	37-06.00
3 Pele, Anastasia	El Camino	34-00.00
4 Schwartz, Jessica	Rancho Berna	32-01.00
4 Banks, LaShawwna	El Camino	32-01.00
6 Dunn, Danissa	Rancho Berna	31-01.50
7 Rodrigues, Jackie	Vista	28-04.50
8 Ziegler, Ellen	La Costa Can	28-04.00
9 Uta, Kanessa	Rancho Buena	28-02.50
10 White, Allison	Steele Canyo	28-00.00
11 Robinson, Macaria	Rancho Buena	27-10.00
11 Worthington, Ashley	Rancho Berna	27-10.00
13 Harris, Tashiya	Mt Miguel	27-03.00
14 Buyuktimikin, Arda	Torrey Pines	25-09.50
15 Bulgarelli, Jessica	Torrey Pines	25-06.50
16 Lee, Brittany	Vista	25-04.50
17 Harrell, Jazmin	Mt Miguel	24-00.50

Falcon Relays - 3/20/2010**Torrey Pines HS****Results - Falcon Relays****Flight 1 ... (Event 41 Girls Shot Put Varsity)**

Name	School	Finals
18 Torres, Kristen	Mt Miguel	23-00.50
19 Hill, Megan	La Costa Can	22-08.00

Flight 2

1 Anyanwu, Nneka	Westview	38-03.00
2 Jemison, Breana	Carlsbad	37-08.50
3 Sierra, Vanessa	El Capitan	31-04.50
4 Sudak, Jennifer	Valley Cente	31-03.00
5 Doss, Deanna	Fallbrook	29-11.00
6 Fredenburg, Whitney	Valley Cente	29-07.00
7 Skerritt, Lauren	Canyon Crest	28-05.50
8 Martinez, Sheena	El Capitan	27-10.50
9 HOLEMEN, Savanna	Valley Cente	27-08.50
10 McGuigan, Michaela	Canyon Crest	25-03.50
11 Scheel, Melissa	El Capitan	25-00.00
11 Cottrel, Kathia	Mt Carmel	25-00.00
13 Gomez, Galen	Fallbrook	24-08.50
14 Frishberg, Andrea	Canyon Crest	17-02.50

Event 42 Boys Shot Put Varsity**Meet Record: 58-00 ! 2005****Darius Savage**

Name	School	Finals
Flight 1		
1 Chaaban, Sammy	El Camino	46-07.00
2 Mohr, Michael	Torrey Pines	45-00.00
2 Dobies, Kevin	Rancho Berna	45-00.00
4 Carrillo, David	Mt Miguel	44-02.00
5 Zuniga, Alex	Torrey Pines	43-07.00
6 Busby, Blake	Steele Canyo	42-06.50
7 Rodriguez, Robbie	Torrey Pines	42-03.00
8 Rangel, Levi	Steele Canyo	42-00.00
9 Yakoo, Mario	Steele Canyo	41-09.00
10 Barton, Garrett	Rancho Berna	41-02.50
11 Lang, Nathan	Mt Miguel	39-10.00
12 Vailancourt, John	El Camino	37-03.00
13 Hodgkins, Brad	La Costa Can	34-01.00
14 Newman, Jamal	El Camino	32-09.00

Flight 2

1 Gaston, Andrew	Mt Carmel	45-01.00
2 Fritch, Garrett	Mt Carmel	43-01.00
3 Mann, Mark	Westview	42-10.00
4 Martin, Carl	El Capitan	40-08.00
5 Roth, Sam	Canyon Crest	39-08.00
6 Soale, isaiah	Carlsbad	38-06.00
6 DeGraw, Taylor	Carlsbad	38-06.00
8 Coe, Michael	Carlsbad	37-07.00
9 Abbott, David	Fallbrook	35-10.00
10 Gonzalez, Leonardo	Valley Cente	34-07.00
11 Lanoiselee, Michael	Canyon Crest	31-09.00
11 Gaoa, Neiko	El Capitan	31-09.00
13 Waddell, Eli	Canyon Crest	30-04.50